



Ben Merens: biography

Ben Merens is the host of "At Issue" - a current events call-in program which airs weekdays from 4 to 6pm on 90.7FM WHAD in Milwaukee and statewide on the Ideas Network of **Wisconsin Public Radio**.

As a speaker to business, civic and educational groups his message that *PEOPLE ARE DYING TO BE HEARD* has inspired people and changed their lives for the better.

He is the author of the audio book, "Uni-Tasking: 25 Tips For Better Listening." The concept of "Uni-tasking" is to help people listen better, improve their relationships at home and improve their productivity at work.

He believes that multi-tasking is actually harmful to people, fracturing their attention and focus while simultaneously decreasing their awareness of people and events around them.

His message about "Uni-tasking" and the "art of listening" has particular resonance for healthcare professionals in regards to patient care and for business and human resource professionals in relation to productivity and customer service.

Merens has worked in print and broadcast journalism for 25 years in New York, Chicago and Milwaukee. He also has taught at Hofstra University, Columbia College and Concordia University in Mequon, Wisconsin.

He holds a Masters of Science degree in Journalism from Northwestern University's Medill School of Journalism and an undergraduate degree from the University of Wisconsin - Madison. His hobbies include stand-up comedy and acoustic guitar playing.

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